

**TUESDAYS IN THE TORAH**  
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**Today's Nugget**

**Love Your Neighbor**

*Parents must be careful not to favor one child over another*

*We should try to cheer people up when we see that they are despondent*

*We should be willing to sacrifice rather than publicly shame someone (see below)*

**Vayeshev in a Nutshell: True vs. Transient Tranquility**

**Don't Run from Your Troubles**

**Jacob and Joseph: Preparing to Live in an Alien Environment**

**Tamar's Sacrifice: Sacrificing Self Rather than Shaming Another**

**Judah's Response to Tamar: The Mark of a True Leader**

**Mussar Moments**

*The need for spiritual mentors*

*Emunah: Relying on God's providence*

*Caring for our inner beauty*